

INTERNATIONAL CONGRESS :

Education, Motor Behaviour, Sport, and Health: EM2S

October 29–31, 2025

TUNISIA




Université de Sfax
TUNISIE


ISSEP

From October 29 to 31, 2025
4th EDITION INTERNATIONAL CONGRESS

**Education
Motor Behaviour
Sport
Health**

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All important information will be published soon

Dear colleagues and friends,

We are pleased to announce the upcoming **International Congress: Education, Motor Behaviour, Sport, and Health (EM2S)**, a multidisciplinary event that will take place in **Tunisia from October 29 to 31, 2025**.

This congress is proudly co-organized by:

- The **High Institute of Sport and Physical Education, University of Sfax, Tunisia**
- The **Research Laboratory: Education, Motor Behaviour, Sport, and Health (EM2S – LR19JS01)**, ISSEP of Sfax, University of Sfax, Tunisia

Introduction

Sport sciences, inherently multidisciplinary, sit at the crossroads of the exact sciences, life sciences, engineering, and the human and social sciences. Physical and sporting activities, in all their diversity, offer a rich intersection of perspectives where interdisciplinarity serves as a driving force for both understanding and innovation.

Anchored in this interdisciplinary dynamic, sport sciences generate original and heuristic knowledge capable of addressing the complex challenges facing contemporary society. This research aims to deepen our understanding of the connections between physical education, psychological determinants, motor activity, sport, and health through integrated and complementary-approaches.

Today, the development of projects combining education, physical activity, well-being, and health across physical, mental, and social dimensions opens new avenues for scientific innovation. Increased attention is given to the effects of physical and/or sporting activity on physiological, cognitive, and psychosocial functioning, whether in athletes or sedentary individuals, healthy or living with chronic conditions, across all age groups. In this context, sport emerges as a powerful lever for promoting effective learning and high-quality physical education.

Objectives:

The EM2S International Congress brings together researchers, academics, and professionals to share their experiences, present their work, and contribute to the advancement of knowledge in the fields of physical education, motor behaviour, sport, and health. This congress serves as a platform for showcasing the latest innovations, addressing current challenges, and engaging in dialogue around both practical and scientific issues in these domains.

Call for Abstracts:

Researchers are cordially invited to submit abstracts for oral or poster presentations based on original and unpublished work, whether conceptual, empirical, experimental, or theoretical. Submissions should align with one of the thematic areas of the congress:

- Cognitive Processes and Psychosocial Determinants
- Optimization of Sports Performance and Postural Control
- Sport, Adapted Physical Activity, and Health
- Physical Education and Motor Learning

Submission Guidelines

Oral Communication Guidelines (12-minute presentation followed by a 3-minute discussion):

Submissions must include the following elements:

- Title of the presentation
- Full names and institutional affiliations of all authors
- Email address of the corresponding author
- 3 to 5 keywords
- A one-page abstract (Times New Roman, 12-point font, 1.5 line spacing)

All submissions should be sent via email to:



congres.em2s.2025@isseps.usf.tn

(in both .doc and .pdf formats)

Key Deadlines

Abstract Submission Deadline	September 1, 2025
Final Decision Notification	September 30, 2025
Congress Dates:	October 29–31, 2025